



53 shades of magdas breakfast

1. Bio/Organic Muhammara (Walnuss Paprika Aufstrich/Walnut Paprika Spread) (H)
2. Humus (Kichererbsen Aufstrich/ Chickpea Spread) (N,O)
3. Ricotta Paradeiser Aufstrich/ Ricotta Tomato Spread (G,O)
4. Bio Rote Rüben Aufstrich/Organic Beetroot Cottage Cheese (G,O)
5. Balsamico Pilze mit Rosmarin/Balsamico Mushrooms with Rosemary (O)
6. Zucchini mit Honig und Sesam/ Courgette with honey and sesame seeds (N,O)
7. Baba Ghanoush (Auberginen Sesam Aufstrich/Aubergine Sesame Spread) (N,O)
8. Bio Veganes Labneh/Organic Vegan Labneh (Veganer Frischkäse/ Vegan Cream Cheese) (F,O)
9. Bio Birne Melisse Shot/ Organic Pear Balm Shot (O)
10. Hafermilch/Oat Milk (A)
11. Bio Soja Milch/Organic Soy Milk (F)
12. Lactose freie Milch/Lactose Free Milk (G)
13. Bio Vollmilch/Organic Milk (G)
14. Bio Butter/Organic Butter (G)
15. Margarine/Oleo Marge
16. Bio/Organic Gouda (G)
17. Bio/Organic Brie (G)
18. Bio Bergkäse/Organic Mountain Cheese (G)
19. Gorgonzola (G)
20. Beinschinken/Pork Ham
21. Bergsteiger Wurst/Mountain Sausage
22. Baked beans
23. Bio Eier Speise/Organic Scramble Eggs (C,G)
24. Bio Eier gekocht/Organic Boiled Eggs (C)
25. Bio Grießbrei/Organic Semolina porridge (A,G)
26. Bio Kokos Porridge/Organic Coconut porridge
27. Chia Samen/Chia Seed
28. Bio/Organic Granola (H)
29. Nuss Mischung/Nut Mix (H)
30. Fruchtsalat/Fruit Salad (O)
31. Dörrfrüchte/Dried Fruit (O)
32. Bio Erdbeer Marmelade/ Organic Strawberry Jam
33. Bio Marillen Marmelade/Organic Apricot Jam
34. Cornflakes (A)
35. Schoko Krispies/Choco Krispies (A)
36. Bio Honig/Organic Honey
37. Bio Orientalischer Milchreis/ Organic Oriental Milk Rice (G)
38. Veganes Kokos Panna Cotta/ Vegan Coconut Panna Cotta
39. Veganer Chia Pudding/Vegan Chia Pudding
40. Bio Syrischer Grießkuchen/ Organic Syrian Semolina Cake (A,C,G)
41. Veganer Brownie/Vegan Brownie (H)
42. Bio Gemüse Sticks/Organic Vegetable Sticks
43. Croissant (A,C,G)
44. Bio Semmel/Organic Roll (A)
45. Bio Schwarzbrot/Organic Black Bread (A)
46. Bio Kornspitz/Organic Grain roll (A)
47. Bio Mohn Flesserl/Organic Poppyseed roll (A)
48. Zucker Kipferl/Sugar Kipferl (A,C,G)
49. Bio Sauerteig Brot/ Organic Sour Dough Bread (A)
50. Bio Bauern Ciabatta/ Organic Farmer's Ciabatta (A)
51. Bio Roggenbrot/Organic Dark Rye Bread (A)
52. Bio Mischbrot/Organic Mixed Bread (A)
53. Bio Oliven Brot/Organic Olive Bread (A)